

Wondering *what to do* for your Student Community Service Hours?

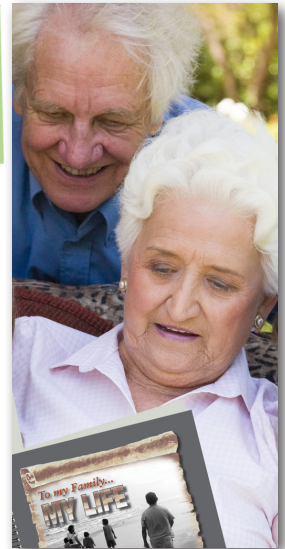
My Legacy Links

*Discover things you never knew about
'the other' generations!*

Discover **mylegacylinks.com**

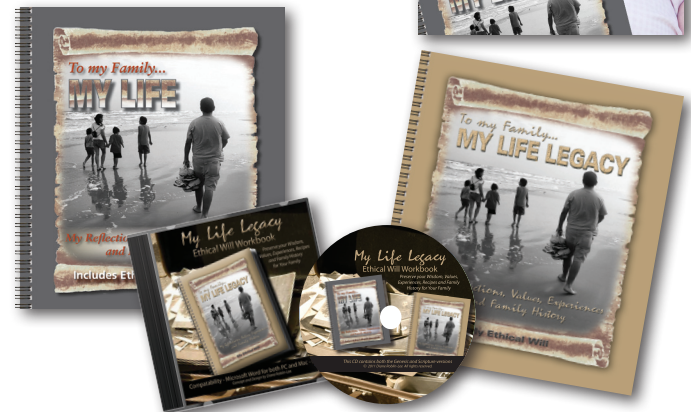


Make
the
Connection!



Here's how it works...

1. Find a senior with whom you wish to be paired for the duration of the project. Commit to a number of hours or period of time you will spend with your partner. (Suggestion - 40 hours, one or two hours weekly, focusing on one or two Journal topics in each meeting).
2. Determine a regular weekly meeting time and location for meeting with your *My Legacy Links* partner.
3. Assist your partner in the completion of a *My Life Legacy Journal*. This will not only give you an opportunity to benefit from the experience and wisdom of one who has "been there," but will



assist your partner in the preparation of a wonderful gift for his or her family. (Journals are available in stores or at <http://www.bydesignmedia.ca/store>)



4. If he or she has the equipment, your partner may appreciate assistance in learning how to use e-mail, a cell phone or any of the social media that will assist in communicating more effectively with his or her family in this age of technology.
5. Encourage your senior partner to tell stories from his or her youth and share opinions on the topics in the Journals. Then listen and write in the Journal what he or she has said (either hard copy, spiral-bound or on CD).