

The Importance of Legacy

These are critical years. We're losing one of our richest, most meaningful natural resources - the wisdom of our mothers, fathers and grandparents who fought in the war, dug deeply into life through the depression years and experienced the transition from horse and buggy days to our wired world.

The wisdom of our elders are the wells from which we draw understanding, knowledge and warnings against repeating the evil elements of history. Unless their conclusions on life are recorded, they will be lost.

With those thoughts in mind, *My Life Legacy Journals* were created; tools through which people could have a voice of wisdom into the lives of their descendants, vehicles through which their essence could be remembered.

My Life Legacy Journals are designed to feature not only your family history, but also include space for sharing thoughts on over 40 topics. Here you can bestow a blessing on your family, share and preserve family recipes, give special messages to friends and family members and share favorite family photos.

For those looking for a mentoring tool, the *Journals* make wonderful vehicles for communication between the generations. Hopefully, many young teenagers will spend time with parents and seniors, recording their time-tested wisdom.

My Life Legacy Journals are the gifts that keep on giving.

What is an Ethical Will?

While property wills are concerned with the disposition of one's accumulation of material goods and wealth, ethical wills dispense nonmaterial gifts – the accumulation of one's wisdom and insights. Even if children and grandchildren might be too busy to listen right now, there will come a day when they will wish they could ask questions of those who found answers.

My Life Legacy Journals provide a way for you to be there for them.

About the Founder



Diane Roblin-Lee is the author and co-author of over 20 books. With two sons and four grandchildren, the value of extended family is paramount to her.

Having run for a provincial seat on the family ticket and cared for her Alzheimer's inflicted father until his death (and for her mother for 13 years), Diane is well-versed in matters of family and the issues of ageing. Her book, *The Wisdom of Grace*, is a contribution to the preservation of the wisdom of our elders, filled with photos and wisdom from 1908-2005. It is available at:
<http://www.bydesignmedia.ca/store/>
diane@bydesignmedia.ca 905-852-6349

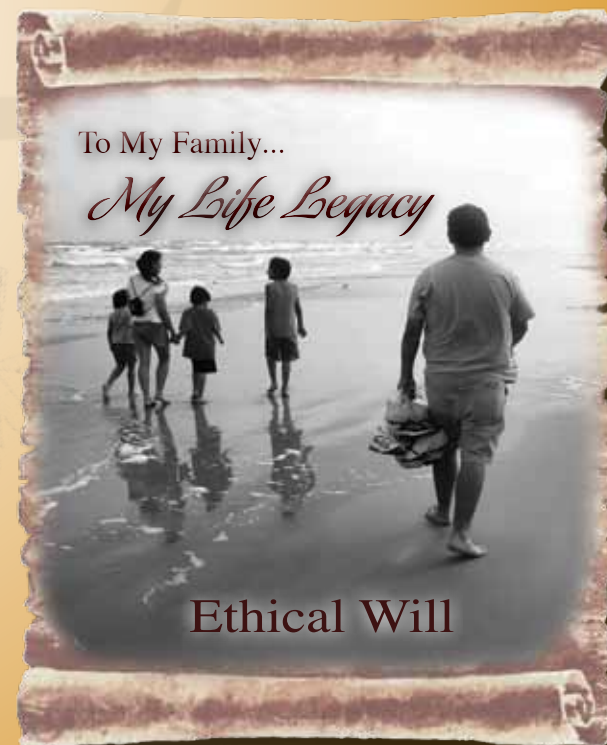
Workshops & Speaking Engagements

Available in south central Ontario
by contacting:

My Life Legacy

Workshops & Ethical Will Workbooks

*Preserve your values, reflections
& experiences for the benefit
of oncoming generations!*



Volunteers, Family & Care-Givers



My Life Legacy Journals are wonderful tools for volunteers to take into nursing and retirement homes to help friends and loved ones record wisdom, values and experiences while there is still time. Once completed, the *My Life Legacy Journal* becomes a wonderful gift for a senior to give to his or her family for Christmas or another special occasion.

Families who find it difficult to engage an elderly family member in conversation find their visits take on new life as they use the *My Life Legacy Journal* as a project to complete together, perhaps at the rate of one page per visit, a treasure for all the years to come.

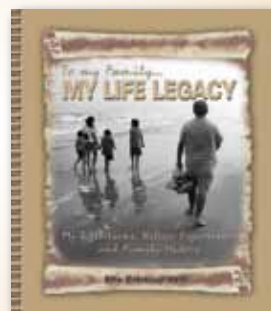
My *Life* Legacy Journals

Organize your:

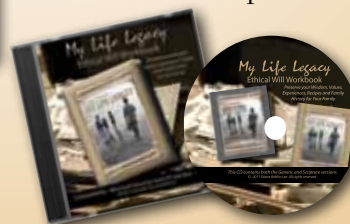
- Life legacy or "ethical will"
- Full life story or that of a loved one
- Insights, values and wisdom regarding over forty major life and spiritual topics
- Family tree, family history
- Messages for special people
- The ten most important things you want your family to know about you
- Family stories
- Favorite recipes
- Favorite photos



Edition # 1
Scripture Edition
Contains verses pertaining to each topic and space for a blessing for the family.



Edition # 2
Generic Edition
Contains no scripture.



Now on CD!
CD contains both Editions

For Boomers & computer-savvy seniors, the *Life Legacy Journal* workbooks are now available as digital downloads and CDs from

<http://www.bydesignmedia.calstore>



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